

Northern Marianas College
CURRICULUM ACTION REQUEST

Effective Semester / Session: Summer 2006

Type of Action:

- New
- Modification
- Cancellation

Course Alpha and Number: PE 203

Course Title: Intermediate Golf

Reason for initiating, revising, or canceling:

This course guide is being modified to reflect the change in departmental name, update the course guide in general and to meet the required 3 year update.

Tony Sayer / Wolfunde	4/17/04
Proposer	Date
Wolfunde	4/17/06
Department Chair	Date
R.T. J.	5/4/06
English and Format Reviewer	Date
[Signature]	5/4/06
Academic Council Chair	Date
[Signature]	5/5/06
Dean of Academic Programs and Services	Date

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Course: PE 203 Intermediate Golf

1. Department

Human Performance and Athletics

2. Purpose

This course is designed to give intermediate golf students the opportunity to improve their skills in using putters, drivers, irons and wedges; it also teaches course etiquette through drills and competition. Students will be tested on rules and the various techniques taught. The class will be held at a local driving range and golf course. Match play and tournament scoring will be emphasized.

3. Description

A. Required/Recommended Textbook(s) and Related Materials

No Text is Required

B. Contact Hours

1. **Lecture:** None
2. **Lab:** None
3. **Other:** 2 hours per week/30 hours per semester

C. Credits

1. **Number:** 1
2. **Type:** Regular Degree Credit

D. Catalogue Course Description

This course introduces students to intermediate skills, and rules and strategies of golf, including the fundamentals of pitching, sand shots, and trouble shots. It also teaches course etiquette through drills and competition. Students are tested on rules and the various techniques taught. English Placement Level: EN 073/074. Prerequisites: PE 102, or instructor's approval.

E. Degree or Certificate Requirements Met by Course

A passing grade in this class will fulfill the Physical Education requirement under the General Education Requirements for a Liberal Arts degree.

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F. Course Activities and Design

Course activities will include lectures and videotapes on golf skills, fundamentals, strategies, and health-related subjects, such as nutrition, stretching and proper warming-up and cooling-down exercises. Practical application will include the teaching of various golf skills, and the students will practice skills in different drills, lead-up games, and course-type situations. The emphasis will be placed on intermediate stroke mechanics.

4. Course Prerequisite(s); Concurrent Course Enrollment; Required English/Mathematics Placement Level(s)

Prerequisites: PE 102 Beginning Golf or by Approval of Instructor
English Placement Level: EN 073/074

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 1-credit course, lab fee and the Consolidated Course Fee

Cost to the College: Instructor's Salary

Instructional resources needed for this course include: White board and markers, TV, VCR/DVD player and recorded programs.

6. Method of Evaluation

Student grades will be based on the regular letter grade system as described below:

- A: Excellent – grade points: 4.0;
- B: Above average – grade points: 3.0;
- C: Average – grade points: 2.0;
- D: Below average – grade points: 1.0;
- F. Failure – grade points: 0.0.

NMC's grading and attendance policies will be followed.

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7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

- 1.0 Introduction
 - 1.1 Introduction to the game of golf
 - 1.2 History of the game of golf
 - 1.3 Care and selection of equipment and playing apparel
 - 1.4 Course etiquette
 - 1.5 Stretching exercises for golf
 - 1.6 Proper warm-up and cool-down

- 2.0 Ground Strokes
 - 2.1 Golf swing
 - 2.1.1 Grip
 - 2.1.2 Set-up
 - 2.1.3 Alignment
 - 2.1.4 Swing
 - 2.2 Chipping and pitching
 - 2.2.1 Grip
 - 2.2.2 Stance
 - 2.2.3 Swing
 - 2.3 Sand play and trouble shots
 - 2.3.1 Grip
 - 2.3.2 Stance
 - 2.3.3 Swing

- 3.0 Introduction to Golf Play
 - 3.1 Scoring
 - 3.2 Strategies
 - 3.3 Rules
 - 3.4 Course positioning

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8. Instructional Goals

This course will introduce students to:

- 1.0 Knowledge of golf history, course etiquette, rules, and the care and selection of equipment and playing apparel;
- 2.0 The skills needed to play golf;
- 3.0 Playing a round of golf;
- 4.0 The three intermediate strokes: pitching, chipping and all sand shots;
- 5.0 The knowledge needed so one can assess strategies for winning in a variety of situations encountered in intermediate golf; and
- 6.0 The benefits of physical fitness and health gained through participation.

9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

- 1.0 Demonstrate a knowledge of golf history, course etiquette, rules and the care and selection of equipment and playing apparel;
- 2.0 Demonstrate the skills needed to play golf;
- 3.0 Participate in playing a round of golf;
- 4.0 Demonstrate the three intermediate strokes: pitching, chipping and all sand shots;
- 5.0 Demonstrate the ability to develop and assess strategies for winning in a variety of situations encountered in intermediate golf; and
- 6.0 Explain the benefits of physical fitness and health through participation.

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10. **Assessment Measures**

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Various individual skills tests (chipping, driving and putting);
- 2.0 Participation in practices, match play and tournaments; and
- 3.0 Class attendance.