

Northern Marianas College
CURRICULUM ACTION REQUEST

Effective Semester / Session: Spring 2026

Type of Action:

- New
- X Modification
- Move to Inactive (Stop Out)
- Cancellation

Course Alpha and Number: SO 230

Course Title: Social Psychology

Reason for initiating, revising, or canceling:

This update reflects a minor change to the course materials while the course content remains the same and continues to provide students with an opportunity to understand the corollary relationship between sociology and psychology. It integrates both disciplines and offers theoretical analyses of practical social and psychological issues that impact individuals in the real world. This course also contributes to expanding the offerings of the Social Sciences and Fine Arts Department.

Kaelani B. Demapan

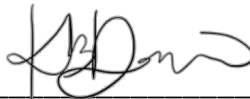


Proposer

12/01/2025

Date

Kaelani B. Demapan



Department Chair

12/01/2025

Date

Lorraine C. Maui



Dean of Academic Programs and Services

Dec 2, 2025

Date

Northern Marianas College

Course Guide

Course: SO 230 Social Psychology

1. **Department**

Social Sciences and Fine Arts

2. **Purpose**

This course is being initiated to afford students the opportunity to understand the corollary relationship between sociology and psychology. This course integrates two academic disciplines and offers theoretical analysis for understanding practical social and psychological issues that impact adult lives in the real-world. In addition, creating a social psychology course expands the course offerings the Social Sciences and Fine Arts Department is making available for the diverse academic needs of the student body at Northern Marianas College.

3. **Description**

A. **Required/Recommended Textbook(s) and Related Materials**

Required: Kassin, Fein & Markus, *Social Psychology*, 11th Edition, 2021 — ISBN 9780357122846 (CENGAGE)

B. **Contact Hours**

1. **Lecture:** 3 hours per week / 45 hours per semester
2. **Lab:** N/A
3. **Other:**

C. **Credits**

1. **Number:** 3
2. **Type:** Regular degree credits

D. **Catalogue Course Description**

The course *Social Psychology* examines the corollary relationship between sociology and psychology. It examines certain sociological and psychological historical theories and models for understanding human behavior in various social and physical environments; specifically family environments, work-related environments, institutional environments, and geophysical physical environments. In addition, this course will examine how certain sociological realities influence individual psychological experiences and/or fixation throughout the lifecycle. This course will also examine how sociological realities influence individual behaviors that are cultural identified as problematic or deviant in Western societies such as: types of mental

Northern Marianas College Course Guide

Course: SO 230 Social Psychology

illnesses; pornography addiction; child abuse; certain criminal behaviors; racism, xenophobia, road rage and substance abuse addiction. Prerequisite: None. English Placement Level: EN 093/094. Math Placement Level: None. (Offered Spring)

E. Degree or Certificate Requirements Met by Course

This course is a recommended elective for students pursuing the A.A. degree in Liberal Arts or the A.A.S. degree in Criminal Justice.

F. Course Activities and Design

Course activities include lectures, group discussions and team activities, homework assignments, viewing, discussing relevant videotapes, guest speakers, and conducting research or written assignments.

4. Course Prerequisite(s); Concurrent Course Enrollment; Required English/Mathematics Placement Level(s)

Prerequisites: None

English Placement Level: EN 093/094

Math Placement Level: None

5. Estimated Cost of Course; Instructional Resources Needed

Cost to the Student: Tuition for a 3-credit hour course and cost of textbook.

Cost to the College: Instructor's salary.

Instructional resources needed for this course include computers and software, overhead projector, TV/VCR, videotaped programs, library books, photocopy machine, photocopy paper, dry-erase board.

6. Method of Evaluation

Student grades will be based on the regular letter grade system as described below:

- A: Excellent – grade points: 4.0;
- B: Above average – grade points: 3.0;
- C: Average – grade points: 2.0;
- D: Below average – grade points: 1.0;
- F: Failure – grade points: 0.0.

NMC's grading and attendance policies will be followed.

Northern Marianas College

Course Guide

Course: SO 230 Social Psychology

7. Course Outline

This is a topical outline and does not necessarily indicate the sequence in which the material will be presented.

1.0 What Does It Mean to Be Human?

- 1.1 Five areas of being human: Spiritual, physiological, sociological, psychological and vocational

2.0 The Primary Analytical Theories of Sociology

- 2.1 The seven primary areas of social reality, structure functionalism
- 2.2 Social conflict theory

3.0 The Primary Analytical Theories of Psychology

- 3.1 Cognitive theory, Freudian theory, Jungian theory, Existentialism
- 3.2 Perception
 - 3.2.1 Senses: Seeing, hearing, tasting, smelling, touching or feeling of spiritual, physical, social or psychological experiences
 - 3.2.2 Interpretive: The meaning we give sensual experiences

4.0 Sociological Influence Upon the Psychological Behavior of Actors In Specific Social Environments

- 4.1 Family environments
- 4.2 Work-related environments
- 4.3 Institutional environments
- 4.4 Geophysical environments

5.0 Erik Erikson's Psychosocial Theory of Development

- 5.1 Trust vs. mistrust; autonomy vs. shame and doubt
- 5.2 Initiative vs. guilt; industry vs. inferiority; identity vs. role confusion
- 5.3 Intimacy vs. isolation; generativity vs. stagnation, and integrity vs. despair

6.0 The Sociological and Psychological Origins of Alienation and Anomie

- 6.1 Anomie may be experienced as a result of information overload; social itinerancy; the pressure of time; unemployment; underemployment, lack of intimacy, etc.

7.0 Types of Mental Illness Associated with Sociological Realities

- 7.1 Schizophrenia, psychosis; manic depression, bipolar disorder
- 7.2 Chronic depression, sociopath, phobias, obsessions and compulsions

Northern Marianas College

Course Guide

Course: SO 230 Social Psychology

- 8.0 The Sociological Origins of Mental Illness
 - 8.1 Historical, social structural, cultural
 - 8.2 Economic, political, institutional, and environmental
- 9.0 The Socialization Deprivation of Vocational Identity/Actualization In Reference to the Origins of Various Types of Mental Illness
- 10.0 Ineffective Treatment Methods for Certain Types of Mental Illness
 - 10.1 Pharmacological and therapeutic methods
- 11.0 Effective Treatment Methods for Certain Types of Mental Illness
 - 11.1 Pharmacological and therapeutic methods
- 12.0 The Sociological and Psychological Origins of Certain Deviant Behaviors
 - 12.1 Pornography abuse, child abuse, criminal behaviors
 - 12.2 Racism, xenophobia, road rage
 - 12.3 Substance abuse addiction

8. Instructional Goals

This course will introduce students to:

- 1.0 Understanding the five areas of being human;
- 2.0 Understanding the primary analytical theories of sociology;
- 3.0 Comprehending the primary analytical theories of psychology;
- 4.0 Comprehending sociology's influence upon psychological behavior;
- 5.0 Analyzing Erik Erikson's psychosocial theory of development;
- 6.0 Identifying the sociological origins of alienation and anomie;
- 7.0 Identifying types of mental illnesses;
- 8.0 Understanding the sociological origins of mental illness;
- 9.0 Comprehending vocational socialization deprivation in association with mental illness;

Northern Marianas College Course Guide

Course: SO 230 Social Psychology

10.0 Identifying ineffective treatments methods for certain types of mental illness;

11.0 Identifying effective treatment methods for certain types of mental illness; and

12.0 Understanding the sociological and psychological origins of certain deviant behaviors.

9. Student Learning Outcomes

Upon successful completion of this course, students will be able to:

1.0 Understand the five areas of being human;

2.0 Understand the primary analytical theories of sociology;

3.0 Comprehend the primary analytical theories of psychology;

4.0 Comprehend sociology's influence upon psychological behavior;

5.0 Analyze Erik Erikson's psychosocial theory of development;

6.0 Identify the sociological origins of alienation and anomie;

7.0 Identify types of mental illnesses;

8.0 Understand the sociological origins of mental illness;

9.0 Comprehend vocational socialization deprivation in association with mental illness;

10.0 Identify ineffective treatments methods for certain types of mental illness;

11.0 Identify effective treatment methods for certain types of mental illness; and

12.0 Understand the sociological and psychological origins of certain deviant behaviors.

Northern Marianas College Course Guide

Course: SO 230 Social Psychology

10. Assessment Measures

Assessment of student learning may include, but not be limited to, the following:

- 1.0 Exams
- 2.0 Research assignments
- 3.0 Oral presentations